BURRENDALE
HOTEL, COUNTRY CLUB & SPA

The Spa





Treatment Menu





For appointments please call 028 4372 1304 or email spacountryclub@burrendale.com

To avoid disappointment please book early.

We would advise you to arrive at least 10 minutes before your treatment time. Late arrivals may result in loss of treatment time, with full payment required.

Please be aware 50% deposit is required to secure and confirm appointments.

Vouchers being used for payment must be presented on the day. Vouchers are valid for one year from purchase date.

Please see cancellation policy in Terms & Conditions.

Clients dealing with Cancer & Cancer treatments please advise on booking as certain medical conditions may not permit treatments.

Clients for Shellac nails, please be aware any existing gel must be removed prior.

CLARINS
PARIS

Welcome to the Burrendale Spa Experience

Begin your journey of relaxation where the Mountains of Mourne sweep down to the sea. Nestled beneath the Mournes, the Burrendale Spa awaits you. Leave the outside world as you enter the unique Spa Experience.

With eight individual suites and an array of treatments on offer, there are many different ways to help replace what every day life takes from you. Let us help you on your journey of inner peace and relaxation.





Clarins Wellness Treatments

Rise & Shine

For those lacking in energy, feeling stressed, run down and emotionally drained. They need their mood lifted and to feel more focused and ready to take on the stress and demands of a modern busy life. This revitalizing treatment includes a stimulating body massage and a reviving facial to leave your skin radiant and dewy. You will feel recharged, invigorated and ready to take on the day (or the evening!) ahead.

Price £80.00



Treatment time
70 minutes

Beauty Sleep

For those who feel exhausted, find it difficult to sleep and to switch off. Those having restless nights because they are affected by the stress and demands of a modern busy lifestyle, or who have shortened nights due to young kids or because they are jet-lagged. Using specially selected products and gentle massage movements, we'll expertly transport you to a meditative state. You'll be aware of every touch, while in a dreamlike, zen space of total relaxation; perfect for helping you sleep.

Price £80.00



Treatment time
70 minutes

Clarins Hot Stone Treatment

With Relax Body Treatment oil. A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins, calms mind and body. The secret is in the intuitive way the therapist uses their hands in harmony with 9 smooth, individually shaped, heat-releasing marble and slate stones. Intensified by Relax Body Treatment Oil, rich in relaxing Aromatic essential oils.

Price..... £75.00



Treatment time
55 minutes

Clarins Spa Fresh Body Polisher

Sugar & salt crystals with essential oils of rosemary, rosewood & mint smooth away dry cells, flakes & impurities to reveal the glowing skin beneath. The treatment concludes with a light refreshing massage application leaving skin silky smooth.

Price..... £60.00



Treatment time
50 minutes

SPA Reservations: 028 4372 1304



Holistic Treatments

Recovery

For our cancer/ post cancer guests. Specifically trained with MacMillan Friends of the Cancer Centre, our spa therapists will guide & adapt spa treatments to ensure they are safe for your individual needs.

Price..... £50.00



Treatment time
45 minutes

Auricular Therapy with Head Massage

This ancient method of coning (Hopi Ear Candling) is recognised worldwide for relieving such problems as tinnitus, sinusitis, glue ear, hay fever, rhinitis, excessive ear wax, colds, tension headaches and stress. Common benefits include relaxation, improved blood circulation, more balanced state of being, tight muscles and tension are relaxed. The treatment concludes with a head, face, neck and shoulder massage

Price £50.00



Treatment time
50 minutes

Clarins Signature Facials

Each facial is unique and perfectly adapted to you. At the heart of each treatment is a 25-minute massage which li s, firms and sculpts the contours of the face for immediately visible rejuvenating results.

Hyaluronic Hydra – Glow*

Results: Walk away with skin that's visibly hydrated, plumped, and radiant - an instant confidence boost straight out of the treatment room. Get ready for a fresh, dewy complexion with the Hyaluronic Hydra-Glow facial, designed to deliver serious results in record time. This expert treatment blends professional grade exfoliation, intense hydration, and proven rejuvenating ingredients for a transformative glow.

Price £90.00



Treatment time
70 minutes

Collagen Replenishing Rescue*

Results: Re-plumped, li ed and firm skin - a er this treatment, 91% of women said their skin looked visibly younger. Experience our most effective age-defying Spa treatment for firmer skin1. Featuring [Collagen]3 Technology, our Collagen Replenishing Rescue facial works to stimulate collagen deep within the skin, improving elasticity and firmness for a youthful glow.

Price £90.00



Treatment time
70 minutes

Niacinamide Skin Recharge*

Results: Leave with skin that's smoother, visibly brighter and glowing – de-stressed and ready to take on the world. Experience the ultimate skin reset with the Niacinamide Skin Recharge facial. A rejuvenating, glow-boosting reset for your skin blending a cocktail of professional grade smoothing, hydrating and radiance restoring products for de-stressed skin.

Price..... £90.00



Treatment time
70 minutes

Natures Retinol Renewal*

Results: Renewed skin at all levels that looks, instantly brighter with wrinkles appearing visibly reduced – your skin will thank you. Replenish the skin and reduce the appearance of wrinkles with this facial. Harnessing the power of Harungana, natures gentle equivalent to retinol, this treatment is perfect for those experiencing hormonal changes within the skin.

Price..... £90.00



Treatment time
70 minutes

· Include a 20-minute back massage or a 20-minute scalp and foot massage for an additional £15.00

SPA Reservations: 028 4372 1304

Facials

Peptide Age Repair*

Results: Deeply nourished, smoothed and contoured skin that glows as much as you do. Deliver deep nourishment to skin with this intensely restorative facial, designed to replenish, brighten and revive. Powered by advanced anti-ageing tetrapeptide formulas, this treatment helps to tackle loss of skin density caused by ageing.

Price £90.00



Treatment time
70 minutes

Clarins Relaxing Facial

A relaxing facial treatment including facial cleanse, exfoliation, massage, mask & scalp massage.



Price..... £60.00

Treatment time
45 minutes

Mum To Be

Enjoy a relaxing and soothing facial including neck, shoulder, scalp, hands & foot massage, while easing the mind and uplifting the spirit

Price..... £70.00



Treatment time
60 minutes



Massage

Relaxing Back, Neck & Shoulder Massage

Price £50.00



Treatment time
30 minutes

Deep Tissue Massage

Whether you've pushed yourself at the gym or had a hectic work week, this intensely therapeutic massage will ease tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

Price £75.00



Treatment time
60 minutes

Relaxing Full Body Massage

Price..... £70.00



Treatment time
60 minutes

Shoulder, Neck, Scalp & Face Massage

Price..... £40.00



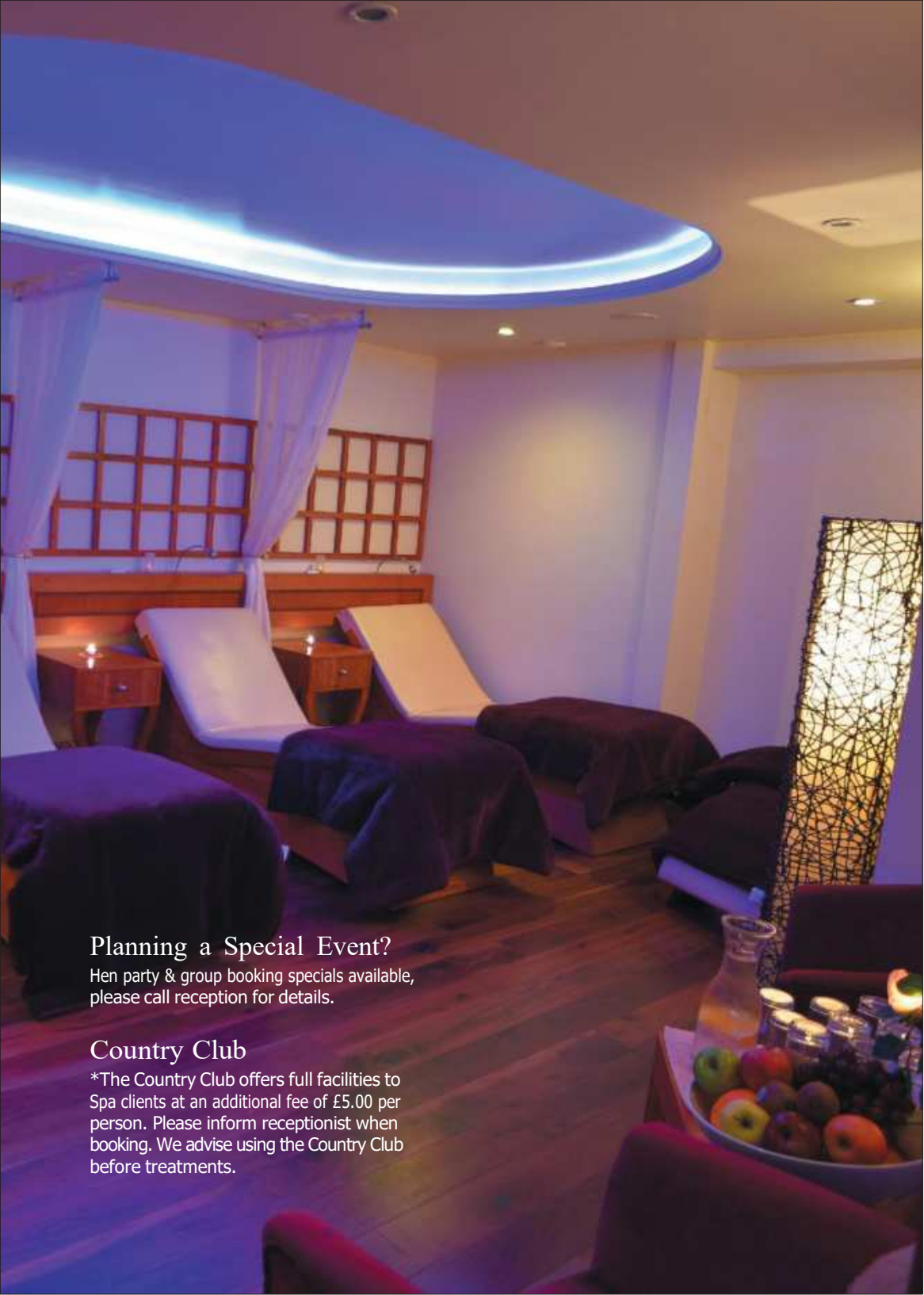
Treatment time
30 minutes

Leg & Foot Massage

Price..... £40.00



Treatment time
30 minutes



Planning a Special Event?

Hen party & group booking specials available, please call reception for details.

Country Club

*The Country Club offers full facilities to Spa clients at an additional fee of £5.00 per person. Please inform receptionist when booking. We advise using the Country Club before treatments.

Burrendale Spa Packages

Half Day Package *

- Use of Country Club facilities
- Sugar & Salt Full Body Scrub
- Back, Neck & Shoulder Massage
- Express Facial
- Scalp Massage
- "Lite" Lunch

Price Midweek £120.00
Weekend £130.00



Treatment time
120 minutes

Burrendale Back Massage & Facial Package

Back, Neck & Shoulder Massage, with a Facial & Scalp Massage

Price £85.00



Treatment time
75 minutes

* Why not upgrade your package to a full body massage for an additional £25.00

Full Day Packages

- Use of Country Club facilities
- Sugar & Salt Full Body Scrub
- Body Wrap
- Full Body Massage
- Facial
- Scalp Massage
- Mini Manicure & Pedicure
- "Lite" Lunch

Price.....£220.00



Treatment time
270 minutes

Group Package

For groups or 6 more more people, choose from the below options.

- Back massage & back of legs

or

- Relaxing Facial & "Lite" Lunch

Price..... £65.00

Lite Lunch can be served before or after treatments, please advise at time of booking

N.B. Packages cannot be altered.

Complimentary facilities for each treatment on this page.

SPA Reservations: 028 4372 1304

The Beauty Room

Waxing

Bikini	£15.00
Chin	£6.00
Eyebrow	£8.00
Full Leg	£22.00
Half Leg	£16.00
Under Arm	£10.00
Upper Lip	£6.00
Lip & Chin	£10.00
Back Wax	£20.00
Under Arm, Bikini & Half Leg	£35.00
Under Arm, Bikini & Full Leg	£40.00

Tinting

Eyelash	£10.00
Eyebrow Tint	£7.00
Eye Lash & Brow Tint	£15.00
Eyebrow & Eyelash Tint with Wax	£20.00

N.B. A patch test must be carried out 48 hours beforehand unless already completed by our therapists.

Nails

Nails Paints	from £15.00
Child's Paints	from £10.00
Manicure	from £30.00
Pedicure (1hr)	from £35.00
Mini Mani Pedi	£35.00
Shellac Toes from	£20.00
Shellac Nails from	£25.00

with free removal

Spray Tan

Full Body	£20.00
½ Body	£15.00





Terms & Conditions

With being a very busy Spa, we would advise residents and guests to please book early to avoid disappointment. Please note that a 50% deposit is required to confirm appointments (group bookings shall be treated as one appointment).

As a busy and professional salon we request that you inform us as soon as possible of any necessary changes to your appointment schedule. We shall, of course, do our utmost to accommodate any appointment changes requested.

The Spa must, however, operate a cancellation policy. Changes or cancellations notified within 48 hours of the appointment will incur a 50% charge. Changes or cancellations notified within 24 hours of appointment will incur a full charge. "No shows" will also incur a full charge. Spa treatments are only available to persons over the age of 17 years.

Spray tan, nail bar and make-up applications are available to those under the age limit. Disposable underwear is available on request for all body treatments. The Country Club offers full facilities to Spa clients (additional fee of £5.00 per person). Robes and slippers are provided for Spa treatments on arrival to the Spa area. Robes are for Clients to use in the Spa area only. Clients using the Beauty Room are unable to use the Relaxation Room.

Please keep the noise level to a minimum for the peace and relaxation of Spa clients. All mobile phones must be switched off at all times. Treatment rooms are wheelchair accessible.

The Spa is not responsible for the loss of personal property. Lockers are provided but we recommend you do not bring valuables with you. If you do not wish to receive SMS updates please inform us.

The Management reserve the right to refuse a booking should circumstances demand. The Management reserve the right to change or amend any of the content and prices as stated in this brochure.

We would advise you to arrive at least 10 minutes before your treatment time. Late arrivals may result in loss of treatment time, with full payment required.

Confirmation of appointment times is available by e-mail on request. Group bookings will be dealt with through the lead contact. Please note this person will be responsible for any money outstanding on No Shows. We trust that you will find your Burrendale Spa a pleasurable and relaxing experience, and will return many times in the future to explore the numerous and varied therapies on offer.

Vouchers used for payment must be presented on the day. Vouchers are valid for one year from purchase date.

It is important that you advise us in advance of any health conditions, allergies or injuries which could affect your treatment. Unfortunately, certain medical conditions have restrictions and in some cases we may have to refuse treatments.

CLARINS
PARIS



Vouchers available

Treat someone special to a Spa Treatment, Package or Product

Please contact Reception
or purchase online

51 Castlewellan Road
Newcastle, Co. Down BT33 0JY

Tel: 028 4372 1304
spacountryclub@burrendale.com

www.burrendale.com