



The Spa



Treatment Menu



For appointments please call 028 4372 1304
or email spacountryclub@burrendale.com

To avoid disappointment please book early.

We would advise you to arrive at least 10 minutes before your treatment time. Late arrivals may result in loss of treatment time, with full payment required.

Please be aware 50% deposit is required to secure and confirm appointments.

Vouchers being used for payment must be presented on the day. Vouchers are valid for one year from purchase date.

Please see cancellation policy in Terms & Conditions.

Clients dealing with Cancer & Cancer treatments please advise on booking as certain medical conditions may not permit treatments.

Clients for Shellac nails, please be aware any existing gel must be removed prior.

GUINOT
INSTITUT • PARIS

CLARINS
PARIS



Welcome to the Burrendale Spa Experience

Begin your journey of relaxation where the Mountains of Mourne sweep down to the sea. Nestled beneath the Mournes, the Burrendale Spa awaits you. Leave the outside world as you enter the unique Spa Experience.

With eight individual suites and an array of treatments on offer, there are many different ways to help replace what every day life takes from you. Let us help you on your journey of inner peace and relaxation.







Clarins Wellness Treatments

Rise & Shine

For those lacking in energy, feeling stressed, run down and emotionally drained. They need their mood lifted and to feel more focused and ready to take on the stress and demands of a modern busy life. This revitalizing treatment includes a stimulating body massage and a reviving facial to leave your skin radiant and dewy. You will feel recharged, invigorated and ready to take on the day (or the evening!) ahead.

Price..... £70.00

 Treatment time
70 minutes

Beauty Sleep

For those who feel exhausted, find it difficult to sleep and to switch off. Those having restless nights because they are affected by the stress and demands of a modern busy lifestyle, or who have shortened nights due to young kids or because they are jet-lagged. Using specially selected products and gentle massage movements, we'll expertly transport you to a meditative state. You'll be aware of every touch, while in a dreamlike, zen space of total relaxation; perfect for helping you sleep.

Price..... £70.00

 Treatment time
70 minutes

Clarins Hot Stone Treatment

With Relax Body Treatment oil. A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins, calms mind and body. The secret is in the intuitive way the therapist uses their hands in harmony with 9 smooth, individually shaped, heat-releasing marble and slate stones. Intensified by Relax Body Treatment Oil, rich in relaxing Aromatic essential oils.

Price..... £65.00

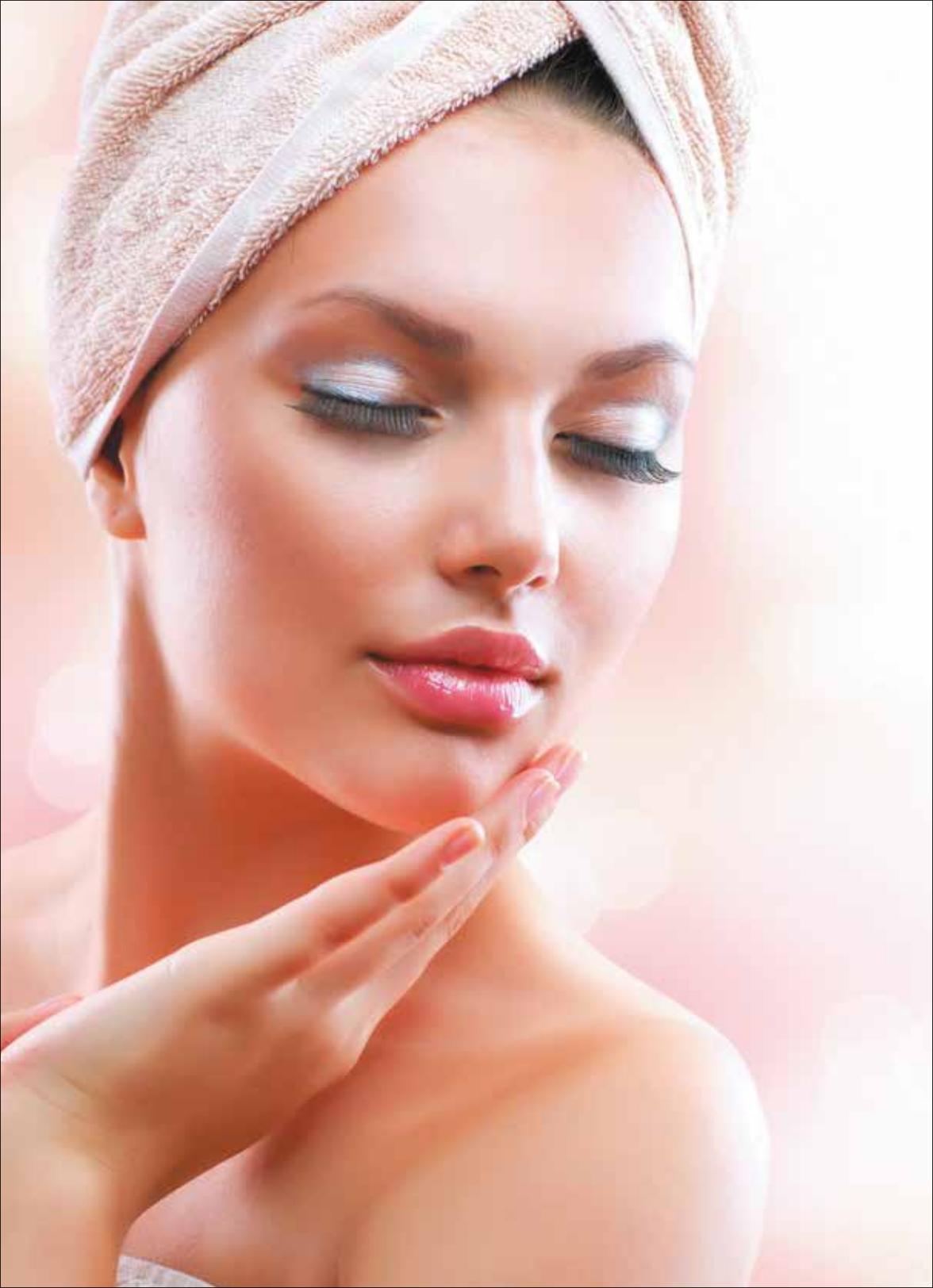
 Treatment time
55 minutes

Clarins Spa Fresh Body Polisher

Sugar & salt crystals with essential oils of rosemary, rosewood & mint smooth away dry cells, flakes & impurities to reveal the glowing skin beneath. The treatment concludes with a light refreshing massage application leaving skin silky smooth.

Price..... £60.00

 Treatment time
60 minutes





Holistic Treatments

Reflexology

Reflexology is the holistic understanding, study and practice of treating points and areas in the feet that relate to corresponding parts of the body. This encourages the body's own healing systems to be activated to maintain well-being.

Price..... 50.00



Treatment time
45 minutes

Recovery

For our cancer/ post cancer guests. Specifically trained with MacMillan Friends of the Cancer Centre, our spa therapists will guide & adapt spa treatments to ensure they are safe for your individual needs.

Price..... £50.00



Treatment time
45 minutes

Auricular Therapy with Head Massage

This ancient method of coning (Hopi Ear Candling) is recognised worldwide for relieving such problems as tinnitus, sinusitis, glue ear, hay fever, rhinitis, excessive ear wax, colds, tension headaches and stress. Common benefits include relaxation, improved blood circulation, more balanced state of being, tight muscles and tension are relaxed. The treatment concludes with a head, face, neck and shoulder massage

Price..... £50.00



Treatment time
50 minutes

Clarins Signature Facials

Each facial is unique and perfectly adapted to you. At the heart of each treatment is a 25 minute massage which lifts, firms and sculpts the contours of the face for immediately visible rejuvenating results.

Lifting Replenisher *

A luxuriously replenishing treatment that brings radiance to mature skin. This treatment smooths, re-sculpts and re-defines facial contours as well as visibly reducing the look of wrinkles and dark spots. The ultimate rejuvenation for your skin.

Price..... £70.00



Treatment time
70 minutes

Power Firmer *

An intensive firming treatment that visibly diminishes the look of wrinkles. This treatment stimulates the skin to deliver a triple rejuvenating action targeting wrinkles, firmness and elasticity. Wrinkles appear reduced, facial features lifted and your youthful vitality is restored.

Price..... £70.00



Treatment time
70 minutes

Radiance Reviver *

A revitalizing treatment to smooth first wrinkles and protect skin. This treatment recharges dull, tired and stressed skin with a cocktail of antioxidants and revitalising plant extracts. Skin recovers a healthy dewy glow and early lines and wrinkles are smoothed. Your skin will also be better protected against lifestyle and environmental aggressors that lead to premature ageing.

Price..... £70.00



Treatment time
70 minutes

Moisture Quencher *

Helps restore comfort, softness and moisture to dry, dehydrated skin. The multi-level hydration treatment gives intense nourishment for dry, weakened skin. Dehydration lines are plumped and feelings of tightness disappear – your skin will feel wonderfully soft and supple again, with its radiance restored.

Price..... £70.00



Treatment time
70 minutes

*Include a 20-minute back massage or a 20-minute scalp and foot massage for an additional £15.00

Facials

Skin Soother *

A calming treatment to soothe and comfort sensitised skin. This soothing and healing facial will help calm irritated and sensitised skin. Redness is reduced and your skin recovers its softness, suppleness and comfort.

Price..... £70.00



Treatment time
70 minutes

Clarins Relaxing Facial

A relaxing facial treatment including facial cleanse, exfoliation, massage, mask & scalp massage.

Price..... £50.00



Treatment time
45 minutes

Guinot Hydradermie Facial

A Hydradermie facial has visible lasting results suitable for all skin types. The skin is cleansed and exfoliated, then a gentle galvanic current carries the active plant based ingredients deep into the skin. This is followed by high frequency to oxygenate and boost cell renewal. A facial massage and mask that leaves the skin fully cleansed, balanced and glowing. With monthly maintenance your skin will become brighter and more defined.

Price..... £65.00



Treatment time
75 minutes

Mum To Be

Enjoy a relaxing and soothing facial including neck, shoulder, scalp, hands & foot massage, while easing the mind and uplifting the spirit

Price..... £65.00



Treatment time
70 minutes



Massage

Relaxing Back, Neck & Shoulder Massage

Price..... £45.00



Treatment time
30 minutes

Deep Tissue Massage

Whether you've pushed yourself at the gym or had a hectic work week, this intensely therapeutic massage will ease tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

Price..... £65.00



Treatment time
60 minutes

Relaxing Full Body Massage

Price..... £60.00



Treatment time
60 minutes

Shoulder, Neck, Scalp & Face Massage

Price..... £40.00



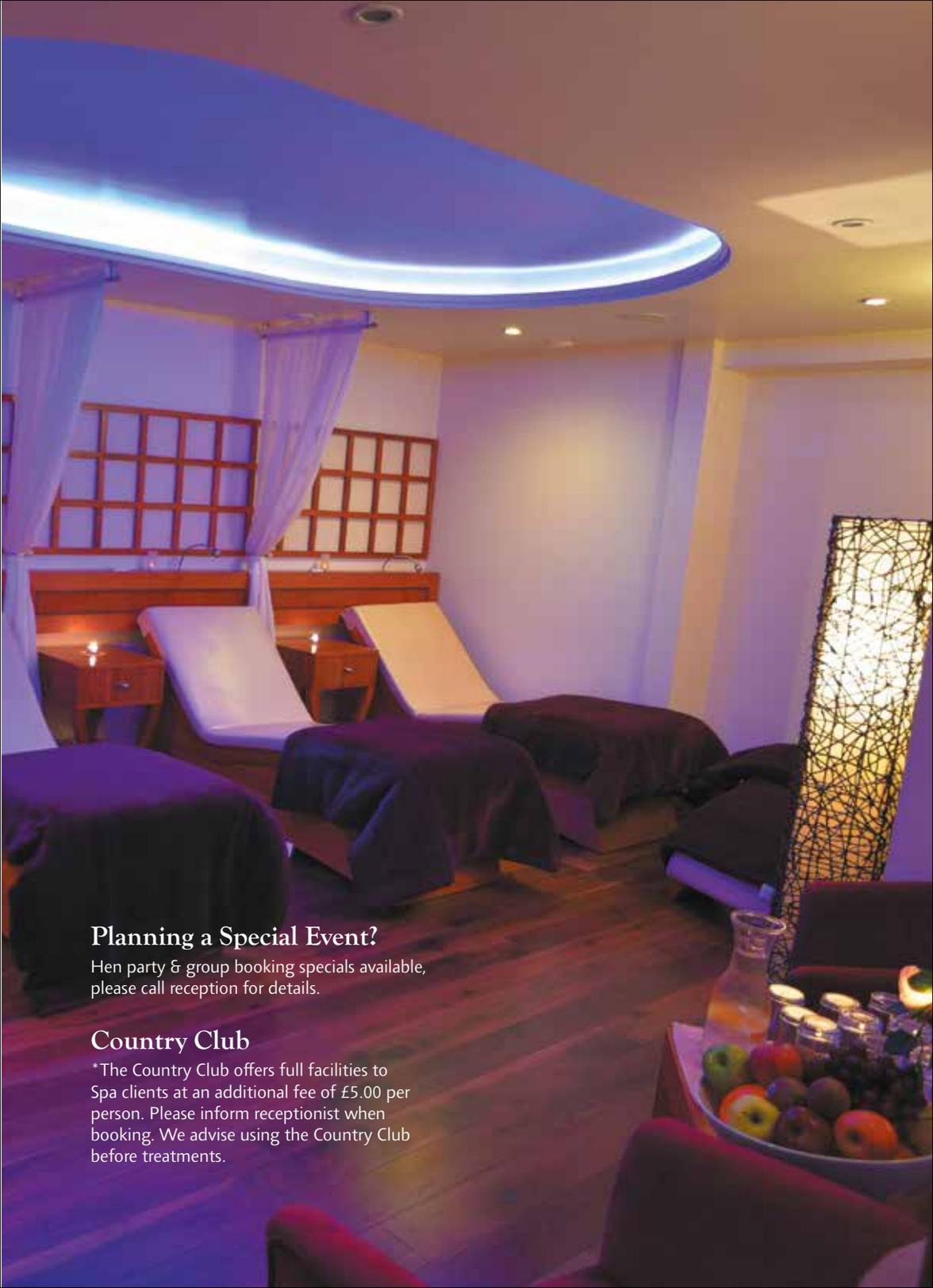
Treatment time
30 minutes

Leg & Foot Massage

Price..... £40.00



Treatment time
30 minutes

A photograph of a spa treatment room. The room features two massage tables with white linens and dark blue towels. The walls are light-colored with a wooden lattice headboard. A large, curved, illuminated ceiling fixture provides ambient lighting. A tall, decorative lamp with a wire mesh shade is visible on the right. In the foreground, a table holds a bowl of fruit and a pitcher of water.

Planning a Special Event?

Hen party & group booking specials available, please call reception for details.

Country Club

*The Country Club offers full facilities to Spa clients at an additional fee of £5.00 per person. Please inform receptionist when booking. We advise using the Country Club before treatments.



Burrendale

Spa Packages

Half Day Package *

- Use of Country Club facilities
- Sugar & Salt Full Body Scrub
- Back, Neck & Shoulder Massage
- Express Facial
- Scalp Massage
- "Lite" Lunch

Price Midweek £110.00
Weekend £120.00



Treatment time
120 minutes

Full Day Packages

- Use of Country Club facilities
- Sugar & Salt Full Body Scrub
- Body Wrap
- Full Body Massage
- Facial
- Scalp Massage
- Mini Manicure & Pedicure
- "Lite" Lunch

Price..... £198.00



Treatment time
270 minutes

Burrendale Back Massage & Facial Package

Back, Neck & Shoulder Massage, with a Facial & Scalp Massage

Price..... £75.00



Treatment time
75 minutes

Lite Lunch can be served before or after treatments, please advise at time of booking

* Why not upgrade your package to a full body massage for an additional £25.00

N.B. Packages cannot be altered.

The Beauty Room

Waxing

Bikini.....	£15.00
Chin.....	£5.00
Eyebrow.....	£6.00
Full Leg.....	£20.00
Half Leg.....	£15.00
Under Arm.....	£8.00
Upper Lip.....	£5.00
Lip & Chin.....	£8.00
Back Wax.....	£13.00
Under Arm, Bikini & Half Leg.....	£30.00
Under Arm, Bikini & Full Leg.....	£35.00

Tinting

Eyelash.....	£8.00
Eyebrow Tint.....	£4.00
Eye Lash & Brow Tint.....	£11.00
Eyebrow & Eyelash Tint with Wax.....	£15.00

N.B. A patch test must be carried out 48 hours beforehand unless already completed by our therapists.



Nails

Make Up Application.....	£28.50
Nails Paints from.....	£12.00
Child's Paints from.....	£6.00
Manicure from.....	£25.00
Pedicure from.....	£35.00
Mini Mani Pedi.....	£30.00
Shellac Nails from.....	£20.00
Shellac Removal.....	£7.50

N.B. Shellac is the only gel polish we remove. Please be aware for Shellac removal an appointment is required – to be made at time of booking.

Spray Tan

Full Body.....	£15.00
½ Body.....	£10.00





Terms & Conditions

With being a very busy Spa, we would advise residents and guests to please book early to avoid disappointment. Please note that a 50% deposit is required to confirm appointments (group bookings shall be treated as one appointment).

As a busy and professional salon we request that you inform us as soon as possible of any necessary changes to your appointment schedule. We shall, of course, do our utmost to accommodate any appointment changes requested.

The Spa must, however, operate a cancellation policy. Changes or cancellations notified within 48 hours of the appointment will incur a 50% charge. Changes or cancellations notified within 24 hours of appointment will incur a full charge. "No shows" will also incur a full charge. Spa treatments are only available to persons over the age of 17 years.

Spray tan, nail bar and make-up applications are available to those under the age limit. Disposable underwear is available on request for all body treatments. The Country Club offers full facilities to Spa clients (additional fee of £5.00 per person). Robes and slippers are provided for Spa treatments on arrival to the Spa area. Robes are for Clients to use in the Spa area only. Clients using the Beauty Room are unable to use the Relaxation Room.

Please keep the noise level to a minimum for the peace and relaxation of Spa clients. All mobile phones must be switched off at all times. Treatment rooms are wheelchair accessible.

The Spa is not responsible for the loss of personal property. Lockers are provided but we recommend you do not bring valuables with you. If you do not wish to receive SMS updates please inform us.

The Management reserve the right to refuse a booking should circumstances demand. The Management reserve the right to change or amend any of the content and prices as stated in this brochure.

We would advise you to arrive at least 10 minutes before your treatment time. Late arrivals may result in loss of treatment time, with full payment required.

Confirmation of appointment times is available by e-mail on request. Group bookings will be dealt with through the lead contact. Please note this person will be responsible for any money outstanding on No Shows. We trust that you will find your Burrendale Spa a pleasurable and relaxing experience, and will return many times in the future to explore the numerous and varied therapies on offer.

Vouchers used for payment must be presented on the day. Vouchers are valid for one year from purchase date.

It is important that you advise us in advance of any health conditions, allergies or injuries which could affect your treatment. Unfortunately, certain medical conditions have restrictions and in some cases we may have to refuse treatments.

GUINOT
INSTITUT • PARIS

CLARINS
PARIS



Vouchers available

Treat Someone
Special to a Spa
Treatment, Package
or Product

Please contact Reception
or purchase online

51 Castlewellan Road
Newcastle, Co. Down BT33 0JY

Tel: 028 4372 1304
spacountryclub@burrendale.com

www.burrendale.com